











# FEBRUARY 2014



EVERY MONDAY	EVERY TUESDAY	EVERY WEDNESDAY	EVERY THURSDAY	EVERY FRIDAY
9:00 Table Tennis 9:30 Bridge/ Chair Exercise 10:00 Mile Park Walk or Computer Class 10:45 YAHF Exercise 12:00 Lunch \$3 donation 12:30 Cards/ Dominos	9-9:45 Low Impact Aerobics 10:00 Crafts 11:00 Arthritis Exercise 12:00 Soup & Sandwich 1:00 Chi Gong	9:00 Table Tennis 9:30 Chair Exercise 10:00 Mile Park Walk 10:45 Exercise Young At Heart Fitness 12:00 Lunch \$3 donation 12:30 Cards /Dominos 1:00 Euchre/Gametime	9 - 9:45 Low Impact Aerobics  Senior Club Activities	9:00 Table Tennis 9:30 Chair Exercise 10:00 Mile Park Walk 10:45 Exercise Young At Heart Fitness 12:00 Lunch \$3 Donation 12:30 Cards / Dominos
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>3</b> Rescheduled: Batavia Downs  <b>W</b>	<b>4</b> 9am Monroe County <u>Police Academy</u> begins. Crafts: Napkin bands 2-Balance Exercise	<b>5</b> Monthly Birthday  11:30 Rivers Run No Gametime: 12:45 Movie: Bucket List	<b>6</b> ProjectCouncil Cards & Bingo AARP Tax Appts. 3-Fyle Afterschool 6:45pm <u>Trip</u> : Msgr. Schnacky	<b>7</b>  12:45 Black History Celebration \$4
<b>10</b>  Walmart Shopping  Line Dance w/ Jerry E	<b>11</b> Police Academy  Crafts w/ Jackie  2- Balance Exercise	<b>12</b>  10- Walking Group Gametime: Eat It!  Seniors Info Counselor-Brittany Eldersource	<b>13</b> Vollmer Readers 10:15 am Yoga <i>Volunteer Luncheon at the Little Theatre</i> 1-AARP Tax Appts.	<b>14</b>  10- Bingo  Valentine's Party w/ entertainment by Gary Murphree \$4
<b>17</b>  Center Closed 	<b>18</b> Police Academy Crafts: Jewelry 2- Balance Exercise 12:30 Travel Day-let's plan trips for the year. Bring your suggestions. Winter Olympics Week	<b>19</b> 10-Walking Group  Gametime: Olympic Trivia  	<b>20</b> 10:15 Yoga Dish to Pass  10-Hike /Cross Country or Snowshoe at Tinker	<b>21</b> 10-Fireside Chat w/ Jennifer-Estate Planning 11:30 PT Talk  Line Dance w/ Bob
<b>24</b> <u>Trip: Batavia Downs</u> 1-Monday at the Movies: "The Best Exotic Marigold Hotel" w/ Judi Dench or Line Dance w/ Jerry	<b>25</b> Police Academy Crafts: Snowman 12- Soup or Stew Day-area chefs bring in their favorite to share.  2- Balance Exercise	<b>26</b> Gametime: What you know?  Euchre Tournament	<b>27</b> 10:15 Yoga Seniors Lunch & Meeting Reservations 334-5713 1:00 AARP Tax Appointments	<b>28</b> 10:30 HPL presents - "E books Instruction" Bring your kindle or tablet. Srs. Info Counselor-Brittany Eldersource Line Dance w/ Will
		I have decided to stick with LOVE. Hate is too great a burden to bear.  -Dr. Martin Luther King		

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