



Gymnastics

Boys and girls ages 2 and up can follow in the footsteps of the successful USA Olympic Gymnastics teams. A staff of certified instructors provide instruction on all Olympic events at the beginner, intermediate, and advanced levels. Children learn skills while developing coordination and self-confidence. In addition to stressing learning and safety, the instructors also emphasize having fun.

Location: Recreation Facility, 95 Methodist Hill Drive, Suite 800

| Class | Day | Time | Fee (Res/NR) | Class # |
|------------------------------|-----------|-----------------|--------------|------------|
| Parent & Tot (2yrs w/parent) | Tuesday | 5:30 - 6:15pm | \$58/\$64 | 22GWTT |
| Parent & Tot (2yrs w/parent) | Saturday | 9:00 - 9:45am | \$51/\$56 | 22GWTS |
| Preschool 3 - 4yrs | Tuesday | 4:00 - 4:45pm | \$58/\$64 | 22GWPST4 |
| Preschool 3 - 4yrs | Tuesday | 4:45 - 5:30pm | \$58/\$64 | 22GWPST5 |
| Preschool 3 - 4yrs | Wednesday | 4:00 - 4:45pm | \$58/\$64 | 22GWPSW4 |
| Preschool 3 - 4yrs | Wednesday | 4:45 - 5:30pm | \$58/\$64 | 22GWPSW5 |
| Preschool 3 - 4yrs | Saturday | 10:00 - 10:45am | \$51/\$56 | 22GW PSS10 |
| Preschool 3 - 4yrs | Saturday | 11:00 - 11:45am | \$51/\$56 | 22GW PSS11 |
| Girls & Boys 5yrs | Wednesday | 4:00 - 5:00pm | \$78/\$86 | 22GWKW |
| Girls & Boys 5yrs | Saturday | 10:30 - 11:30am | \$68/\$75 | 22GWKS |
| Girls 6 - 8yrs | Tuesday | 4:00 - 5:00pm | \$78/\$86 | 22GW68GT |
| Girls 6 - 8yrs | Wednesday | 5:15 - 6:15pm | \$78/\$86 | 22GW68GW |
| Girls 6 - 8yrs | Saturday | 11:45 - 12:45pm | \$68/\$75 | 22GW68GS |
| Boys 6 - 8yrs | Wednesday | 5:00 - 6:00pm | \$78/\$86 | 22GW68BW |
| Boys 6 - 8yrs | Thursday | 4:00 - 5:00pm | \$78/\$86 | 22GW68BR |
| Boys 6 - 8yrs | Saturday | 12:00 - 1:00pm | \$68/\$75 | 22GWBS |
| Girls 9 & up | Monday | 4:30 - 5:30pm | \$68/\$75 | 22GWG9M |
| Girls 9 & up | Saturday | 1:00 - 2:00pm | \$68/\$75 | 22GWG9S |
| Boys 9 & up | Monday | 5:00 - 6:00pm | \$68/\$75 | 22GWB9M |

Registration begins 12/10/14 for Henrietta residents & 12/17/14 for non-residents.

Winter 2015 Schedule

| Monday (7 Classes) | Tuesday (8 Classes) | Wednesday (8 Classes) | Thursday (8 Classes) | Saturday (7 Classes) |
|---------------------------------------|---------------------------------------|---------------------------------------|---------------------------------------|---------------------------------------|
| January 5 | January 6 | January 7 | January 8 | January 10 |
| 12 | 13 | 14 | 15 | 17 |
| x | 20 | 21 | 22 | 24 |
| 26 | 27 | 28 | 29 | 31 |
| February 2 | February 3 | February 4 | February 5 | February 7 |
| 9 | 10 | 11 | 12 | x |
| x | x | x | x | x |
| 23 | 24 | 25 | 26 | 28 |
| Parent Observation March 2 | Parent Observation March 3 | Parent Observation March 4 | Parent Observation March 5 | Parent Observation March 7 |

Be Prepared for Class:

Gymnasts should be dressed properly. A one-piece leotard is recommended for girls. Dance pants, bike shorts, or warm up suits are also acceptable, but please no skirts. Boys should wear a tucked-in tee shirt with gym shorts. Hair should be tied backs securely, including long bangs. No jewelry, belts, buckles, zippers, or snaps. Socks are optional.

Parent Observation:

Although we know that parents are anxious to view their child's progress, we have found that the children are easily and regularly distracted by spectators. This makes it difficult for our instructors to finish the day's planned activities in the time allotted. Therefore we ask that parents only observe class on the last day of each session (this excludes the Parents & Tot class).

Missed Classes:

Make-up days cannot be given to individuals missing class because of illness, travel, or other activities. Our classes are staffed to meet the needs of the number of registered students.