



# Fencing for Beginners

The Olympic sport of fencing challenges the athlete both physically and mentally. This five week program will cover footwork, bladework and bouting. Fencing activities and games are used to improve fitness, balance, agility and hand-eye coordination. All safety equipment will be provided. Please wear athletic clothing and bring with you a clean pair of sneakers to change into.

**Location:** Recreation Facility  
95 Methodist Hill Drive, Suite #800

**Fee:** Resident \$80/ Non-resident \$88

## FALL SESSION

Registration begins 8/18 for Henrietta Residents & 8/25 for Non-residents.

<b>Age</b>	6-12 years old
<b>Date</b>	Saturdays (10/18/14-11/15/14)
<b>Time</b>	3:30pm-4:30pm
<b>Class #</b>	53FNCF

## FALL/WINTER SESSION

Registration begins 10/14 for Henrietta Residents & 10/20 for Non-residents.

<b>Age</b>	6-12 years old
<b>Date</b>	Saturdays (1/10/15-2/7/15)
<b>Time</b>	3:30pm-4:30pm
<b>Class #</b>	53FNCFW

Town of Henrietta Parks & Recreation Department  
475 Calkins Road • Henrietta NY, 14467 • 359-2540 • [www.henrietta.org](http://www.henrietta.org)

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